# **Bullying Policy**

## What is bullying?

Bullying is the repeated and deliberate misuse of power, with the intent to hurt another person physically or emotionally.

#### Bullying behaviours can include:

- Verbal: insults, name calling, teasing, offensive language.
- Physical: Pushing, hitting, kicking.
- Social/Relational: Exclusion, rejection, spreading rumors, gossiping.
- Cyber: Via texts, phone calls, social media applications.
- Non-verbal: Intimidation, invasion of personal space, spitting, staring.
- Provocative: Inciting others to behave in a threatening, racist, sexist or homophobic way.
- **Bystander:** those aware of or witnesses to the bullying situation. A supportive bystander may use words/actions to support someone who is being bullied.

## Our Approach

Merredin College is committed to taking a restorative approach when managing incidents of bullying.

#### Policy Aims

All students should feel safe and valued, Merredin College seeks to achieve this by:

- Preventing bullying behaviours through whole school education, and by reinforcing the rights of all members of the school community. By working to heal harm caused by bullying incidents.
- Allowing those affected to express themselves, and what they seek to repair damage.
- Enabling the person who caused the harm to share their point of view, take responsibility and make amends.

#### Responsibilities

Staff, students and parents can all play a role in maintaining the restorative approaches used by Merredin College.

#### Staff

- Modelling appropriate behavior.
- Teaching conflict resolution skills, and intervening.
- Reporting all incidents and suspected incidents.
- Discourage retaliation.
- Inform the school if bullying is suspected.

#### Students

- Refusing to be involved in bullying.
- Supporting friends who have been bullied and reporting incidents. Parents
- Encourage your child to report bullying incidents.

### **Bullying Policy Procedure**

Merredin College is a zero tolerance school with respect to bullying. In accordance with the school's Behaviour Management processes, the Student Services team will conduct a thorough and rigorous investigation of all complaints of a bullying nature. The school will work proactively to change negative attitudes via an educational program.

The School employs a Restorative Justice model to respond to bullying reports.

#### Key Messages below:

- Treat others with Respect, no matter how they treat you.
- Treat yourself with Respect.
- Forgive others who do not treat you with respect.
- Resist your natural desire to pay back or take revenge.
- Apologise when you do not treat others with Respect.

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- Support others who are not being treated with respect.
- Ask for support when other do not treat you with respect.

Students who commit bullying acts will be invited to engage in meditation as a condition of their return to mainstream classes.



## **Bullying Policy Flowchart**

Report of bullying made to school staff. ↓

Information regarding incident gathered. ↓

Key students involved are identified and consulted and a meeting is organized.

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The meeting will discuss the impact of the incident and develop a plan to move forwards.

Follow up is conducted to review whether or not the issue has

been resolved.

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Resolved <u>OR</u> if bullying is ongoing consequences will be implemented.

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If the issue persists further action will be taken.